

**Guess what?**

“Healthy workers are good for the economy”

**\$56.7 billion (3.5% of GDP).**

**\$377M**

**What can be done?**

**A Framework**

**How are we doing?**

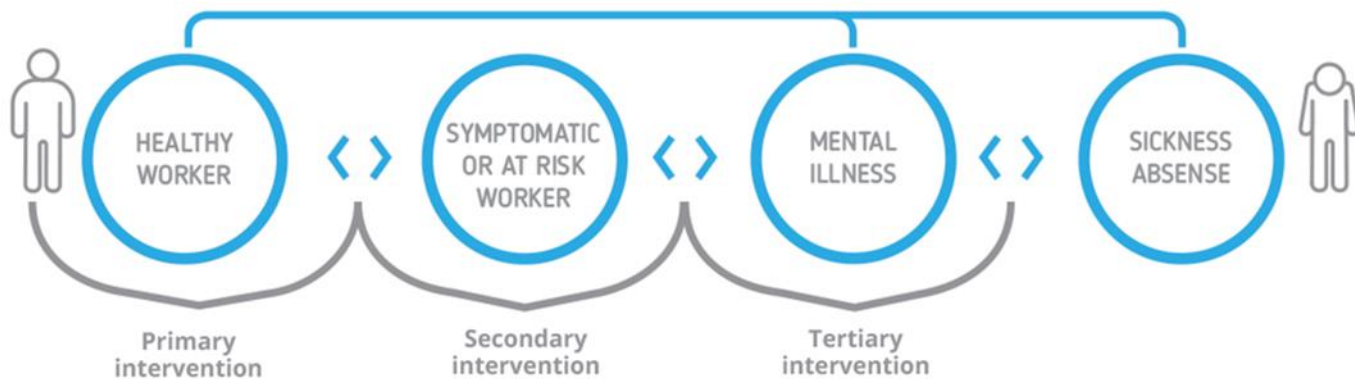
**The Evidence**

**The ROI**

**The nature of mental health**

**Collective action**

Mental health 'journey'



Workplace prevention strategies



**8.8% workplaces have integrated and sustained approach**

**13.55% are taking effective action**

**29.35% are taking limited action**

**29.25% are intending to take action**

**19.05% have basic awareness**



Intervention	ROI for SME	ROI for Large
Reduce job demands	1.56	0.96
Workplace Health Promotion	2.86	4.01
CBT stress management	1.56	2.39
Psychological RTW	3.9	3.74

**complex**

probe  
sense  
respond  
emergent

**complicated**

sense  
analyze  
respond  
good practice

**disorder**

**chaotic**

act  
sense  
respond  
novel

**simple**

sense  
categorise  
respond  
best practice

**complex**

mental health

**complicated**

putting a man  
on the moon

**disorder**

**chaotic**

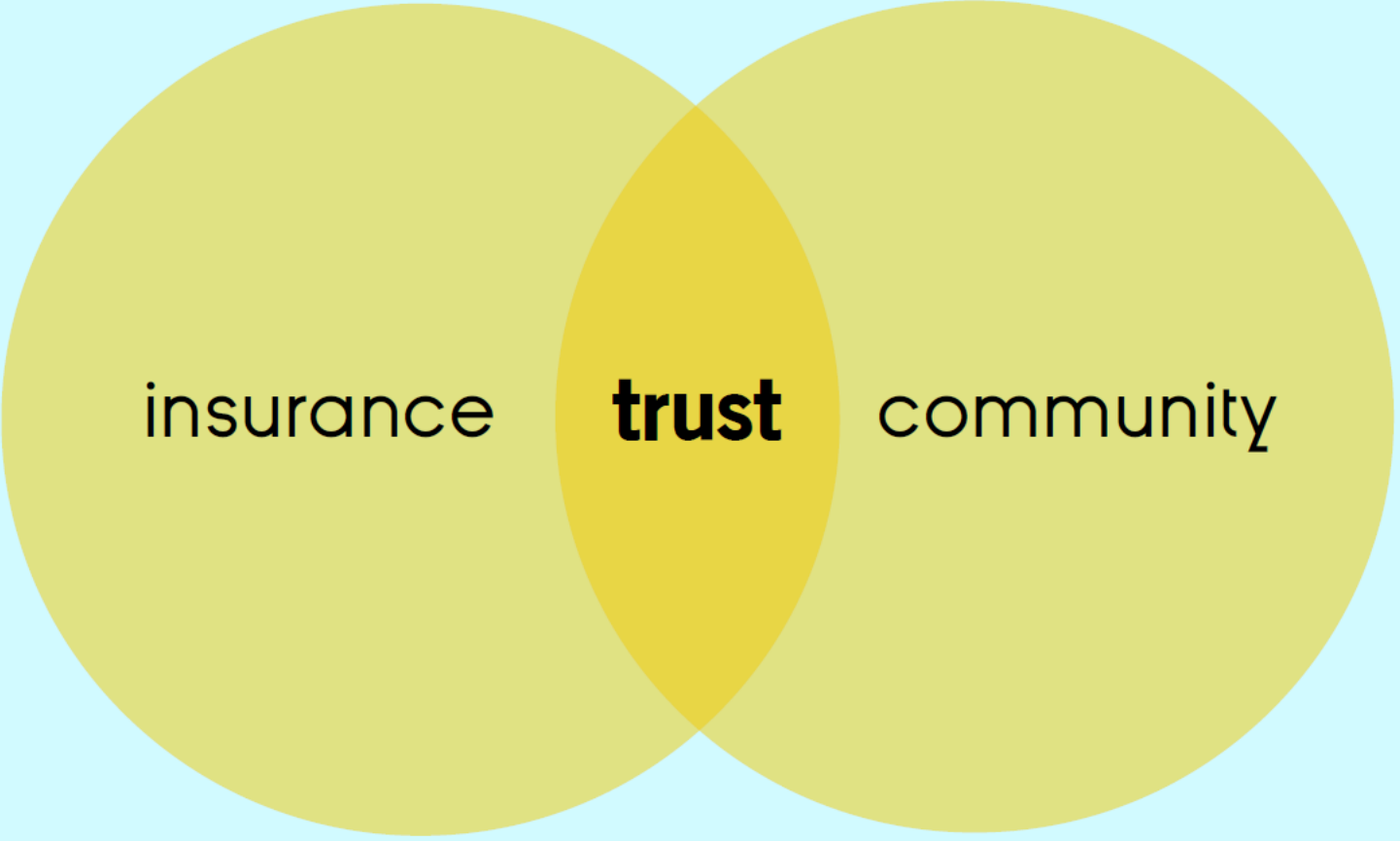
disasters

**simple**

following a  
recipe to bake  
a cake



**alliance**



insurance

**trust**

community